UPCOMING EVENTS

ON THE LINKS BELOW WE HAVE GATHERED INFORMATION TO HELP AND INSPIRE YOU IN YOUR STAY IN DENMARK

Leisure Guidance - 6 December
Would you like to be up to date with culture and leisure activities in Copenhagen and expand your network? Let our leisure guides help you!

Investing in Denmark - 8 December
Trying to get your head around the Danish investment and savings options? Let's guide you through the countless options!

Christmas Coziness - 15 December
Do you know how the Danes celebrate Christmas? Bring your family, friends and colleagues to our cozy Christmas event and find out.

INTERNATIONAL STAFF MOBILITY

Dear Members of the Dual Career ~ Spouse Network,

For most Danes, December, the month of Christmas, is the most wonderful (and busy) month of the year.

December is full of **Hygge**, **gløgg**, gifts, Christmas songs, **julefrokost**, dancing around the Christmas tree, being together with family, and **Duck** (around 65% of all Danes eat this on the 24th of December!).

December is also a month where you can meet a lot of typical Danish traditions and events. In the [last years newsletter](#) we focused on **julemærker**. This year we would like to focus on the advent calendar.

During the month of December, it is not hard to get children out of their beds in the morning. Each day, most of them receive a small present, neatly wrapped and placed in a Christmas stocking or hung on the wall.

These gifts were usually small, but more and more parents spend a fair amount of time and money finding the IT gadgets and other miniature niceties that are in vogue at their children's school. Increasingly, adults also get surprised by these daily gifts. Shops offer 24 different beers or chocolates in a ready to unwrap package.

Supported by the constant intake of sugary products, this excitement peaks when children dive into the pile of presents on Christmas Eve.

Because the calendar follows days in December, instead of the Christian Advent, Danes call them 'Christmas Calendars'. They also exist as entertainment in the form of television series, for children and adults alike.

**God jul!**

Mark de Vos & Mary K. Kobia

Anna Khodosevich
From Germany, Phd Molecular Biology
New Job: Personal Assistant and Research Administrator at BRIC, University of Copenhagen

Ewa Janczewska
From Poland, Master of Social Work and Education
New Job: Employment Consultant at the Municipality of Copenhagen

Lucas Grèze
From France, Master in Mechanical Engineering
New Job: Associate Industrial Engineer at FedEx

NEW JOB CONGRATULATIONS!
What has been most challenging about your job search?

Not knowing the system, not having access to networks from within the social work/social policy fields. Probably the hardest tough was “reinventing myself” tapping into my “lost” identity, remembering who I actually was and what I had to offer to the society and to the Danish job market.

What kept you going?

My husband - more practically that meant that he didn’t pressure me and was with me every step of the way when things were not looking rosy.

Team M&M: Mark and Mary from International Staff Mobility. They took turns of supporting me while gently challenging and pushing me forward. They wear many hats: therapists, coaches, motivational speakers, managers, teachers, and they use them interchangeably. Their sessions were personal and they saw me as a unique individual and not just part of the course they run. I think it was a turning moment for me when I joined IDCN and was put in charge of an innovating initiative working towards a good cause. It made me regain my confidence.

Karen - a Danish women who dedicated her time for months, for free, to talk to me on Skype and help advance in Danish. She has been a tremendous support and encouragement to me, and still is today!

What advice do you have to give to other spouses?

- Learn, get feedback, reevaluate, and change strategy!
- Volunteer & do internships!
- Emphasise what you can bring to the table
- Be yourself, put personal touch to networking interactions!
- Be persistent and follow up, MANY TIMES!
- Make your long term plan and know that what you are doing right now is just the first step, it is not an end goal, unless it is for you!

How long did it take for you to find a job in DK? I’d say 2 years of efforts and 1 year of actually looking. I quickly realised that I wouldn’t be able to obtain employment without speaking Danish. Therefore I decided to invest time in language and simultaneously look for a job.