O FEBRUARY

O 2017

ON THE LINKS BELOW WE HAVE GATHERED INFORMATION TO HELP AND INSPIRE YOU IN YOUR STAY IN DENMARK

- Winter at the Zoo
- ► Frost Festival
- ▶ Winter break in Roskilde

Dual Career Newsletter



INTERNATIONAL STAFF MOBILITY

Dear Members of the Dual Career ~ Spouse Network,

n last month's newsletter, we made you aware of what will happen in Århus in 2017. In this newsletter we would like to draw your attention to all the exciting events which will take place in International House in Copenhagen.

First of all, we suggest you check out our event calendar. Here we make sure you are updated about ours and our partner's events. Our <u>Dual Career Spouse Lunches</u> always offer an insight and tips on how to continue with our job search. Networking is key in Denmark and therefore we often invite external speakers who are ready to open up their network for you.

For more job search inspiration, we highly recommend our Job Seeker's Network. This network is driven by spouses, where you can share experiences, learn the newest CV and cover letter tricks, and you will get to know new inspiring people.

As a University of Copenhagen spouse, you are also entitled to become part of

IDCN Copenhagen. IDCN offers one event every 2nd month. These events are hosted by an international company and IDCN spouses are responsible for organising it. You can apply to become an IDCN volunteer, which can give you both a network and working experience.

The municipality of Copenhagen is also organising a lot of interesting <u>events</u>. They organise for example a Housing Fair, an information evening about buying real estate or an international School Fair.

All these events are free of charge. We hope to see you soon in International House Copenhagen. Do also enjoy the new <u>info video</u> about International House Copenhagen featuring University of Copenhagen spouse <u>Aimi Xiaohua Shi!</u>

Have a great fastelavn!

Mark de Vos & Mary K. Kobia



INTER-NATIONAL HOUSE COPEN-HAGEN



Everything being a constant carnival, there is no carnival left.



an accompanying spouse pursuing a career in Denmark you have the possibility to apply for measures promoting employment. These measures are known as internships (4-13 weeks) or employment with salary subsidy (3 -6 months) - løntilskud in Danish. Meet Ewa Janczewska, social worker professional and former IDCN partner member launched her career in Denmark by using these measures.

Where are you working today? I work at Københavns Kommune where I was first offered a monthlong "praktik" (internship) that then turned into three-month placement with Iøntilskud (subsidized salary).

Spotlight: How I found my job through internship & salary subsidy!

Thereafter I was offered a permanent position working as a consultant helping people find a praktik/ løntilskud place in one of the public or private companies. I work predominantly with integrating non-Western women into Danish society and the job market.

What has been most challenging about your job search? Not knowing the system, not having access to networks from within the social work/social policy fields. Probably the hardest tough was "reinventing myself" tapping into my "lost" identity, remembering who I actually was and what I had to offer to the society and to the Danish job market.

What are you most excited about doing in your new job? I am excited about helping people who have been in this country for many years to move forward in their

lives. Helping them reconnect with the society and with the job marker is my main task. I think I am in a unique position to work with this population. It helps me to understand what it feels like to be a foreign in Denmark, I can relate to the challenges but I also know it is possible to succeed. I am also super excited to work with Danes!

What advice do you have to give to other spouses? Narrow it down. Go for what you have experience with and connect strategically with people that can help you get there. Learn, get feedback, reevaluate, and change strategy. Volunteer, do internships, get in ASAP!

Join our next spouse lunch 8th February and get more information about how you can use "praktik" or "løntilskud" as your gate opener to your future career in Denmark!

WELCOME TO NEW SPOUSES



- Alexander Junge Germany
- Alexandra Busek-Sedzinski
 Poland
- Atsedu Furgassa Abera Ethiopia
- Huixin Jiang China
- Laila Silamiķele Latvia
- Sally AttiaEgypt



INTERNATIONAL STAFF MOBILITY (ISM) - INTERNATIONAL CAREER SPOUSE LUNCH 10.00-13.00HRS

⇒ **February 8th -** Alternative jobsearch methods; Why Wage Subsidy or 4 weeks Intern ship? What does it mean and how does it work? - Registration

•

⇒ March 15th - Danish working culture - Registration

⇒ April 4th - What is your STAR-quality? Get introduced to the STAR-method that

helps you analyse your cores skills and results - Registration

⇒ May 10th - Networking: Coffee 2 go or stay? Tips on how to book a coffee meeting

Registration

⇒ June 14th - Hands-on approach to LinkedIn - Registration

Please visit our website for more information on upcoming events for 2017 www.ism.ku.dk



KID'S EVENTS

FAMILY RHYTHMICS WITH FASTELAVN

February 12th 12:00-16:00 hrs.

We have invited an experienced rhythmical music and dance teacher working with children of all ages to come inspire us! What better way to enjoy a fun day than by singing and dancing with your family with Fastelavn?

Registration