

## ▶ UPCOMING EVENTS

○ MARCH

○ 2017

ON THE LINKS BELOW WE HAVE GATHERED INFORMATION TO HELP AND INSPIRE YOU IN YOUR STAY IN DENMARK

- ▶ [Welcome Reception - 7th March](#)
- ▶ [Childcare - 16th March](#)
- ▶ [Housing Fair - 4th April](#)

# Dual Career Newsletter



INTERNATIONAL STAFF MOBILITY

## Dear Members of the Dual Career ~ Spouse Network,



Normally we write something about a specific Danish tradition, but this year March seems to be a month without any specific Danish festivities.

Fortunately, there are a lot of other cultural encounters in Denmark to discover and experience. At our next [Spouse Lunch](#) we will also focus on Danish working culture.

Now we would like to share something about talking Danish and the Danish language, you maybe didn't notice yet, but are useful or interesting to know.

Have you ever noticed that some Danes occasionally pronounce yes (*ja*) with inhaled breath, which can be rather confusing. The main function of inhaled speech is paralinguistic, showing agreement with a statement and to encourage a speaker to continue on.

While speaking (and learning) Danish, the word "*tak*" (thanks) is an often recurring word used in many different ways. "*Tak for mad*" is a very common way to tell people that the food was nice and you are done eating. "*Tak for sidst*" (thanks for last time) is useful to know, because when you hear this, you know that the other person shows appreciation for a common experience. You will need to answer with "*selv tak*" (you are welcome), showing you also enjoyed the time together. You can add "*det var hyggeligt*", showing you really enjoyed it.

If you are interested in discussing and hearing more about Danish culture and Danish language, please [sign up](#) for the Spouse Lunch.

*Tak og vi ses snart :-)*

Mark de Vos & Mary K. Kobia



### Dual Career ~ Spouse Job Seeker's Network

Are you currently looking for employment in Denmark? Would you like to share job search goals, overcome barriers and expand your network? Then don't miss out on the Jobseeker's Network, which is an initiative ran by volunteers of KU-spouses. Upcoming events:

- ◆ **8th of March:** **Public speaking workshop? How to improve your skills and techniques?** – Facilitator: [Migena Gjeraz](#)
- ◆ **23rd of March:** **Telephonic mock interview** - Facilitator: [Navid Servghadi](#)

For more info on how to register [click on this link](#).



## Spotlight: Finding a new job outside my career field!

I don't think you will find 10 kids running towards you, shouting your name, and wanting to hug you when coming in to work in any other job. That is something that does not happen with my coworkers at ISM.

Nevertheless, I felt that I was missing out in some areas in my work life, mainly that I did not feel challenged enough. So, one day I decided to look for another job in a different line of career.

I have previously worked in the service industry, both full time and part time while studying. Therefore, I reflected on the skills that I had accumulated in my work experience, and researched what kind of job I could see myself in. I knew it still had to be something to do with people in some kind of way.

### What was your biggest challenge at your job at ISM?

Working independently, as I came from a job where my workday was fully structured by my boss. Also, I had to adjust to a new work culture.

For example, being part of conversations during lunch discussing topics I wasn't used to. Also, I could speak and write basic English, but I quickly realized that it needed improvement.

*"Changing career paths has really given me insight into skills that I didn't even know I had! This makes me think there are so many opportunities if you want to change career paths."*

### What advice would you give to others who are thinking of changing their career?

Jump in to it and do not be afraid of change! Focus on your strengths and skills from all areas of your life and don't be scared to face new challenges which might lead you to other positive and exciting outcomes!

You might know Stine Kloppenborg, a member of the [ISM staff](#), as the event maker who has helped you with finding your way through the daycare system, or as the cook for the spouse lunches.

What you might not know is that Stine used to be in a very different job field. She is educated as a daycare worker with a bachelor in pedagogy, and has worked in a kindergarten as a childcare professional for 6 years before joining ISM. We have asked her to share her story about her career change.

**What led you to change professions?** Well, a big part of my former job I enjoyed taking care of the kids and their ways of responding.

## WELCOME TO NEW SPOUSES



- Aandhya Krishna India
- Ashley Palmer US
- Bhavesh Premdjee UK
- Gabor Horvath Hungary
- Katie Chapman UK/Italy
- Melinda Szabó Hungary
- Ursula Windhab Austria

## UPCOMING EVENTS

### INTERNATIONAL STAFF MOBILITY (ISM) - INTERNATIONAL CAREER SPOUSE LUNCH 10.00-13.00HRS

- ⇒ **March 15th** - Danish working culture - [Registration](#)
- ⇒ **April 4th** - What is your STAR-quality? Get introduced to the STAR-method that helps you analyse your cores skills and results - [Registration](#)
- ⇒ **May 10th** - Networking: Coffee 2 go or stay? Tips on how to book a coffee meeting [Registration](#)
- ⇒ **June 14th** - Hands-on approach to LinkedIn - [Registration](#)

### INTERNATIONAL DUAL CAREER SPOUSE NETWORK (IDCN)

**9th March – 11:30 -16:00hrs**

Partner Event at Carlsberg - for more information visit the [IDCN website](#)

To register use [this link](#)



Please visit our website for more information on [upcoming events for 2017](#) [www.ism.ku.dk](http://www.ism.ku.dk)



### KID'S EVENTS

#### FAMILY RHYTHMICS

**April 2nd  
12:30-15:00 hrs.**

We continue the previous success with our amazing music teacher Pernille who is back for a day of fun activities with music and dance at the International House. What better way to enjoy a lovely spring Sunday than by singing and dancing with your family?

[Registration](#)